

HOT SANDWICHES

FRENCH DIP on a french boule

Sliced roast beef, Provolone cheese, caramelized onions served with Au Jus dip

cal. 520 6.89

TURKEY & BRIE on a multigrain boule

Oven-roasted turkey, Brie cheese, Granny Smith apples, dijon aioli

cal. 560 7.19

CHICKEN PORTABELLA PANINI on Cuban bread

Fresh chicken, marinated portabella mushroom, roasted red peppers, Provolone cheese, basil pesto aioli

cal. 750 6.89

CHICKEN MILANO on Tandoori Nan bread nuts

Homemade chicken salad, Mozzarella & Cheddar cheese, roasted red peppers, fresh basil served on Tandoori Naan

cal. 1070 6.89

CUBAN on Cuban bread

Mojo pork loin, ham, Swiss cheese, pickles, mustard on Cuban bread

cal. 670 6.99

(Swap Pepper Jack cheese and jalapeños for a spicy kick!)

SIGNATURE WRAPS

BUFFALO WRAP on a tomato basil tortilla

Fresh chicken, Cheddar cheese, tomato, Romaine lettuce, buffalo sauce, Blue cheese dressing

cal. 750 6.79

TUCSON WRAP on a tomato basil tortilla nuts

Fresh chicken, hickory smoked bacon, Cheddar cheese, Romaine lettuce, tomato, toasted almonds, creamy Ranch dressing

cal. 1090 6.79

TURKEY-BACON-AVOCADO on a whole wheat tortilla

Oven-roasted turkey, hickory smoked bacon, fresh avocado, Romaine lettuce, tomato, basil pesto aioli

cal. 540 7.19

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Written information available upon request.

SIGNATURE SANDWICHES

CHICKEN SALAD & APPLES on a multigrain boule <small>nuts</small>	cal. 810	6.89
Homemade chicken salad, blue cheese dressing, hickory smoked bacon, Granny Smith apple		
CADILLAC CHICKEN on a multigrain boule	cal. 860	6.79
Fresh chicken, Provolone cheese, hickory smoked bacon, Romaine lettuce, tomato, honey mustard		
CURRY CHICKEN SALAD on a croissant <small>nuts</small>	cal. 690	6.99
Homemade sweet & spicy curry chicken salad, Romaine lettuce, tomato		
TURKEY & PEAR WITH GOAT CHEESE on a multigrain boule	cal. 580	7.99
Oven-roasted turkey, fresh pear, Goat cheese, Romaine lettuce, sweet chili sauce		
CHICKEN OR TUNA MELT on a french boule <small>nuts</small>	cal. 880-930	7.29
Homemade chicken salad or white albacore tuna salad, hickory smoked bacon, Cheddar cheese, Romaine lettuce, tomato		
BBLT on sliced honey wheat bread	cal. 580	6.99
Six slices of hickory smoked bacon, Romaine lettuce, tomato, mayo served on sliced honey wheat bread		
ORIGINAL VEGGIE on a french boule	cal. 560	6.49
Fresh avocado, roasted red peppers, Romaine lettuce, tomato, fresh cucumber, Provolone cheese, mayo		

UNDER 450 CALORIES

HUMMUS, CHICKEN, & GOAT CHEESE WRAP on a flour tortilla	cal. 440	6.49
Fresh chicken, hummus, Romaine lettuce, diced tomatoes, diced cucumbers, Goat cheese, Balsamic vinaigrette		
HUMMUS VEGGIE SANDWICH on a multigrain boule	cal. 370	6.49
Hummus, cucumbers, tomatoes, Romaine lettuce, fresh avocado, roasted red peppers		
TURKEY APPLE SWISS on a multigrain boule	cal. 450	6.49
Oven-roasted turkey, Granny Smith apple slices, Swiss cheese, Romaine lettuce, hint of Raspberry vinaigrette		

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PICK-A-PAIR

SELECT 2 \$7.49



all 1/2 sandwiches served on sliced honey wheat bread

GOURMET SANDWICHES

CHICKEN SALAD on a croissant <small>nuts</small>	cal. 630	6.49
Homemade chicken salad, Romaine lettuce, tomato		
TURKEY CHEEZER on a multigrain boule	cal. 730	6.59
Oven-roasted turkey, Provolone cheese, Romaine lettuce, tomato, mayo		
ROAST BEEF CHEEZER on a french boule	cal. 640	6.89
Roast beef, Cheddar cheese, Romaine lettuce, tomato, spicy brown mustard, mayo		
ALBACORE TUNA SALAD on sliced honey wheat bread	cal. 760	6.89
Homemade white albacore tuna salad, Romaine lettuce, tomato		


SALADS

CHICKEN OR TUNA SALAD PLATTER <small>nuts</small>	cal. 420-450	7.89
Romaine lettuce, homemade chicken or white albacore tuna salad, Cheddar cheese, boiled egg, tomato		
HARVEST SALAD <small>nuts</small>	cal. 380	9.29
Romaine lettuce, oven-roasted turkey, raisins, pecans, Mandarin oranges		
COBB SALAD	cal. 730	8.89
Romaine lettuce, fresh chicken breast, hickory smoked bacon, tomato, Blue cheese crumbles		
MAUI SALAD <small>nuts</small>	cal. 500	8.89
Romaine lettuce, fresh chicken breast, Blue cheese crumbles, pecans, Mandarin orange		

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BREAKFAST

THE GRANDE BURRITO on a flour tortilla	cal. 630	3.89
Scrambled eggs, Cheddar cheese, green onions, tomato, sausage served with salsa		
TRADITIONAL BREAKFAST PANINI on Tandoori nan bread	cal. 860	3.99
Scrambled eggs, Cheddar cheese, hickory smoked bacon		
EGG & CHEESE ENGLISH MUFFIN	cal. 220	3.09
BACON, EGG & CHEESE ENGLISH MUFFIN	cal. 235	3.49
EGG & CHEESE CROISSANT	cal. 500	4.49
BACON, EGG & CHEESE CROISSANT	cal. 580	4.99
GOURMET OATMEAL	cal. 290-350	SMALL 2.49
	cal. 540-600	LARGE 3.59

Choice of:
Banana Nut (pecans & banana), Raisin & Brown Sugar, or Peach & Pecan Oatmeal 

SOUTHERN STYLE GRITS	cal. 275	SMALL 2.49
	cal. 510	LARGE 3.59
Add cheese	cal. 60	0.50

OTHER ITEMS

AVOCADO TOAST	cal. 290	3.89
Fresh avocado slices, basil pesto aioli, Provolone cheese on Texas toast		

FRESH BREWED COFFEE

		12 OZ	16 OZ	20 OZ
HOT				
Drip	cal. 5	1.75	2.00	2.25
Latte	cal. 140-240	3.00	3.50	4.05
Mocha	cal. 400-650	3.50	3.75	4.25
White Mocha	cal. 390-510	3.70	4.25	4.80
Caramel Macchiato	cal. 340-480	3.50	3.80	4.05


COLD BREWED COFFEE

		16 OZ
COLD		
Cold Brew	cal. 5	2.50
Iced Latte	cal. 90	3.50
Iced Mocha	cal. 320	3.75
Iced White Mocha	cal. 320	4.25
Sub Almond milk		0.75
Add Flavor syrup		0.50
Vanilla, Caramel, Hazelnut, Seasonal		

ESTD 1986
BATDORF & BRONSON
COFFEE ROASTERS



SMOOTHIES

STRAWBERRY OATMEAL	cal. 390	4.65
Low fat milk, strawberry, oatmeal, powdered sugar		
BANANA PEANUT BUTTER 	cal. 230	4.65
Low fat milk, banana, peanut butter, vanilla, honey		
BASIC FRESH FRUIT	cal. 360	4.65
Low fat milk, yogurt, honey, and your choice of: Banana, Strawberry, Blueberry, Mango, or Berry blast		

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